

## How To Hold Your Breath by Zinnie Harris

OK you've had your fun. Very funny. Fucking demon I am talking to you.  
You want to scare me. You want to get in my head – too bad. I can put  
cream on the mark. You've infected me with something I'll take a tablet.  
Bring it on, you want to send me your curses, I'll bat them back. I am  
invincible, stronger than you, surrounded with a shield, a force of my own. I  
will know you sideways. I will bowl you over, I will wrap you in a knot and  
tie you in ribbons. What do you think of that? Hey, nightmare, a dark  
alleyway, a man with a knife, a pain that won't stop, a raring fire, a child's  
face howling, hunger, pain, plague, disease  
I'm not scared of you  
I am not scared of anyone, and particularly not you.  
you get in my head, I'll leave you there  
you get in my body, I will caress you  
you get in my hair, I will curl it and put it up (Dana, pg. 47)